



# NEWSLETTER



Find us on-line at [www.phoenix-badminton.co.uk](http://www.phoenix-badminton.co.uk)

Please e-mail your articles to [isabelle.baldwin@ntlworld.com](mailto:isabelle.baldwin@ntlworld.com)

REGISTERED CHARITY: 1094874

June 2009 – Issue 44



## JUNIOR TEAM RESULTS FOR 08-09

On the whole, our teams had a very good season.

In division 1 of the Aylesbury league:

Phoenix A will be staying in the division.

Phoenix B have won division 2 and will be promoted to division 1 next season.

Phoenix 'C' team have won division 3 with a game to go, they will be in division 2 next season.

Phoenix D came runners up in the same division as the C team.

Well done to all our teams especially the 'B' and 'C' teams.

**The captains of the teams**

'A' Nancy Payne,

'B' Laura Piggford,

'C' George Johns

'D' Thomas Haddon

have all done extremely well to get their respective teams out every time.

*I would also like to say thanks to those parents that came along to support their sons or daughters, it was much appreciated.*

The teams were

'A': Nancy Payne, Sarah Payne, Wesley Payne, Jon Ramsell, Peter Sherwood-King, Jason Yeung.

'B': Laura Piggford, Christina Hood, Harry Huang, Michael Humpston, Laura Tynan.

'C': George Johns, Josh Baxter, Michael Evett, Ben Orchard, Darius Saeidi, George Ward and Josh Harding who was down as a reserve but played every game for the 'C' team.

'D': team Thomas Haddon, Joe Lamb, Josh Pryke, Tom Stevens, Josh Thornhill, John Turvey and Naomi Anyon and Marc Baldwin who were down as reserves but played many games in the season for the 'D' team.

Numerous people helped when the teams were short, either playing up or playing from the reserved list.

The reserves that played were, Sami Ramsden, Daniel Waite, Holly Cantle, Andy Moyes, David Chanell and Matthew Hall.

We also had a team in the Wycombe Junior BU16 (boys under 16) where we finished 3<sup>rd</sup> out of 7, if we could have had points for style, we would have won the league hands down but all in all a great effort from the boys.

The team was Peter Sherwood-King, Wesley Payne, David Chanell, and Matthew Hall with Blake Faulds filling in most matches when we were short. Three of this team will still be able to play in this league next season so we expect great things next year.

If you are under 16 before September 2009 and would like to be considered for this team please contact me (games are played Saturday afternoons).

Thank you all for your efforts!!! and remember if you want to be considered for a team next season, please contact me, Eddie Chanell on 01296 426687.

Eddie Chanell



## NEWS IN BRIEF AND DATES FOR YOUR DIARY



Date	Event
27 June	<b>24-hour marathon</b> – This is our major fund-raising event. In order to keep the prices of sessions down, we need you to get sponsored and be there or sponsor someone who will attend, please.
04 July	<b>End of season tournament</b> – This will take place at the Tiddenfoot Leisure Centre, in Leighton Buzzard
27 <sup>th</sup> September	<b>Presentation Evening</b> – Date to be confirmed. To recognise our members achievements, celebrate all our hard work throughout the year, and to get to know club members and committee members. This event is for the <b>WHOLE CLUB</b> and we welcome you all to our entertaining evening.

### END OF SEASON TOURNAMENT

You should all have received by now a letter regarding the marathon and including your sponsorship form and a leaflet advertising the tournament. If you are interested in taking part but you are not sure how, please see Eddie Chanell (telephone number on front page). If you have mislaid your application form, it can be downloaded from the home page on the website.



### COACHING!!

How many grips can you name? Do you hold your racket firmly in your hand or softly in your fingers? Do you move your hand up and down the grip? Does the pressure change and if so when, or does it stay the same? Does your racket touch the palm of your hand, if so when, all the time, sometimes?. Is there a sound when you hit? Is it the right sound?

How you use your racket makes a huge difference to your power, accuracy, and direction of hit and of course the results you get! If you don't know what you are doing with your racket then ask Sue, Eddie, Dawn or Derek for some useful tips

## DECISIONS, DECISIONS...

Following our A.G.M., Phoenix is pleased to welcome Derek as Vice Chairman, Dawn Folbig-Mertens as league Secretary and John Paya as an O.M

The AGM consisted of only the committee members!

It is my personal view that a club of this size needs many people to take a little responsibility for its ongoing success. We have a brilliant team but there are only a few doing a great deal!



Time is expensive we know, so we keep all our meetings to a minimum – using email as much as possible to raise and deal with issues and we are efficient in our meetings when we do have them, they usually finish on time – one hour!

### Committee - 2009 / 2010

Chairman:	Sue Rutson,
Vice-Chairman:	Derek Moule.
Treasurer:	Carol Chanell,
Secretary:	Isabelle Baldwin,
League Secretary:	Dawn Folbig-Mertens,
Junior League:	Eddie Chanell,
Adults sessions:	Lynn Payne
Treasurers Assistant	Brian Hall
Ordinary Member	Rob Evett
Ordinary Member	Steve Burch
Ordinary Member	Adam Ithier
Ordinary Member	John Paya

### ALBERT EINSTEIN:

It is every man's obligation to put back into the world at least the equivalent of what he takes out of it.

### WINSTON CHURCHILL:

We make a living by what we get, but we make a life by what we give.

### NEW ADULT COACHING SESSION

We are delighted to announce that as well as the Monday and Thursday nights sessions at the High School, we can now offer a further session with coaching from Sue on Wednesdays at the John Colet School. Pay as you go rules, for more details please see Sue. Or contact her - 07763 775538 [sue@inspiration-coaching.com](mailto:sue@inspiration-coaching.com)

Sue

## HOT OFF THE PRESS:

Decisions taken at the last committee meeting which took place on the 5<sup>th</sup> June 2009

**\*\* Summer special for Adults session running at the High School between 7.30pm and 10.00pm on Mondays and Thursdays**

It has been decided that:

- for people paying in advance the price they have to pay for each session would be reduced,
- when people attend on both Mondays and Thursdays the same week, a reduced price would be paid on the Thursday,
- senior citizens will now benefit from our concessionary prices (£3.50 instead of £5.00 per session.)



Please see Lynn or Derek for further information about these wonderful summer deals.

**\*\* New Practice session for League / premier players at the Quarrendon and Meadowcroft Community Centre**

It has been decided that:

- League players who wish to train throughout the summer will be able to do so on Wednesdays evening at the Quarrendon and Meadowcroft Community Centre between 7.00pm and 10.00pm (invitations only). Please contact Sue, or Adam or Steve Burch for further information, including price etc....



We have been lucky in securing the centre for those times as another activity has had to cancel their session. However, should this other activity decide not to come back in September, we may be able not only to practise there at the times stated but also to be able to play our matches on a regular basis instead of playing them on Sundays.



**SEE YOU ALL AT THE 24 HOUR MARATHON  
ON THE 27<sup>TH</sup> OF JUNE...**

**REMEMBER: IF YOU CAN'T PLAY, YOU MUST SPONSOR  
SOMEONE WHO DOES!!!!**

DAY AND TIME	SESSIONS	DATES	FEES	DISCOUNT FEE
<b>MONDAY</b> 5.30 – 7.30 <b>GRAMMAR SCHOOL</b>	Intermediate / Advanced	22 <sup>nd</sup> June – 13 <sup>th</sup> July 4 weeks	£28.00 (£31.00)*	£25.00
<b>MONDAY</b> 7.30 – 10.00PM <b>HIGH SCHOOL</b>	<b>CASUAL PLAY</b> <b>All standards!!</b> Adult session (over 16's)	Every Monday except Bank Holidays	£5.00 Pay as you go (plus a one off annual insurance / affiliation fee of £15.00 This covers players for any session!!)	
<b>TUESDAY</b> 6.00pm – 8.00pm <b>GRAMMAR SCHOOL</b>	Intermediate / Advanced 13 yrs and over	23 <sup>rd</sup> June – 14 <sup>th</sup> July 4 weeks	£28.00 (£31.00)*	£25.00
<b>WEDNESDAY</b> 4.00pm – 6.00 pm <b>Q &amp; MEADOWCROFT</b>	Young Beginners Under 8 - 11 years	3 <sup>rd</sup> June – 15 <sup>th</sup> July 7 weeks	£49.00 (£52.00)*	£46.00
<b>WEDNESDAY</b> 7.30 – 10.00pm <b>JOHN COLET SCHOOL</b>	Adult session <b>with</b> <b>coaching</b> (over 16's)	3 <sup>rd</sup> June – 15 <sup>th</sup> July 7 weeks	<b>PAY AS YOU GO</b>	
<b>THURSDAY</b> <b>PREMIER SQUAD</b> 6.00pm – 7.30pm <b>HIGH SCHOOL</b>	Advanced Practise Invitation only	4 <sup>th</sup> June – 16 <sup>th</sup> July 7 weeks	£35.00 (£38.00)*	£32.00
<b>THURSDAY</b> 7.30 – 10.00PM <b>HIGH SCHOOL</b>	<b>CASUAL PLAY</b> <b>All standards!!</b> Adult session (over 16's)	Every Thursday	£5.00 Pay as you go (plus a one off annual insurance / affiliation fee of £15.00 This covers players for any session!! )	
<b>FRIDAY</b> 6.00pm – 8.00pm <b>COLLEGE</b>	Beginner/Intermediate	5 <sup>th</sup> June – 17 <sup>th</sup> July 7 weeks	£49.00 (£52.00)*	£46.00

**Discount is given to players for one session if they attend two sessions per week.  
For those who attend three sessions discount is given for the first two.**

**I wish to enrol for the following sessions**

Name/s:	Sessions	Payment per session	Total fees
<b>I ENCLOSE A CHEQUE FOR MADE PAYABLE TO PHOENIX JUNIOR BADMINTON CLUB.</b>			£.....

**Please return slips and payment to:**

Mrs Carol Chanell, 20 Middle Road, Aylesbury, Bucks, HP21 7AD

Tel: 01296 426687

**PLEASE NOTE: - ALL PAYMENTS SHOULD BE MADE WITHIN THE FIRST TWO WEEKS  
OF EACH HALF TERM. THANK YOU.**

**Adults joining from September pay £21, joining from January pay £18, joining from April  
pay £15.**

**\*Juniors joining from September pay £9, joining from January pay £6, joining from April pay £3.**